

LEGACY HEALTH

PATIENT CARE

Policy #: 916.3206
Origination Date: JUN 2010
Last Review Date: JUL 2019

SECTION: PHARMACY

SUBJECT: RESIDENCY DUTY HOURS AND DUTY HOURS EXCEPTIONS

POPULATION: X_Adult X_Pediatric X_Neonate

(Adult > 18 years of age; Pediatric 0-18 and adult patients under care of a pediatric specialty physician at RCH; Neonate 0-28 days and continued hospitalization in the NICU)

PURPOSE:

To ensure a resident work environment that promotes resident learning, resident safety and patient safety.

Scope of Policy

This policy applies to Legacy-employed pharmacy residents in the Legacy-sponsored; ASHP accredited post-graduate year one (PGY-1) pharmacy-training program. This program would also apply to any Legacy-employed pharmacy resident in a Legacy-sponsored post-graduate year two pharmacy-training program.

Principles

1. The program is committed to and responsible for promoting patient safety and resident wellbeing and providing a supportive educational environment.
2. The learning objectives of the program will not be compromised by excessive reliance on residents to fulfill service/staffing obligations.
3. Didactic and clinical education has priority in the allotment of residents' time and energy.
4. Duty hour assignments recognize that faculty and residents collectively have responsibility for the safety and welfare of patients.

RESPONSIBLE STAFF:

pharmacy residents, resident preceptors, residency program director, pharmacy managers and clinical coordinators

DEFINITIONS:

- *Duty hours*: all clinical and academic activities related to the residency program, i.e., patient care (both inpatient and outpatient), administrative duties related to patient care, the provision for transfer of patient care, and scheduled academic activities such as conferences.
- *Moonlighting*: voluntary, compensated, pharmacy-related work performed outside the organization (external) or within the organization where the resident is in training (internal), or at any of its related participating sites. These are compensated hours beyond the resident's salary and are not part of the scheduled duty periods of the residency program.

POLICY:

All rotations in the Legacy pharmacy residency program are expected to comply with the duty hour standards established by the American Society of Health System Pharmacists (ASHP). Duty hour requirements are summarized as follows:

1. Duty hours must be limited to 80 hours per week, averaged over a four-week period, inclusive of all moonlighting.

2. Duty hours do not include: reading, studying, and academic preparation time for presentations and journal clubs; travel time to and from conferences; and hours that are not scheduled by the residency program director or a preceptor.
3. Residents must be provided with one day in seven free from all educational and clinical responsibilities, averaged over a four-week period. One day is defined as one continuous 24-hour period free from all clinical, educational, and administrative activities.
4. Adequate time for rest and personal activities must be provided. This should consist of a 10-hour time period, provided between all daily duties. An exception of an 8-hour period of rest is permissible infrequently to permit residents to participate in-patient care activities of high educational value.

IMPLEMENTATION PROCESS:

Duty Hours Exceptions

At the beginning of each rotation, the resident will provide their preceptor with a calendar of non-rotational commitments and will work with their preceptors on any potential conflicts with this duty hours policy. On these rotations (i.e. rotation or staffing with swing shift hours), the resident is responsible for scheduling their shifts so that they are not in violation of the above duty hours.

This policy will be distributed to the residents and the preceptors. Duty hours will be monitored at a frequency sufficient to ensure an appropriate balance between education and service.

Key Words: Duty Hours, Pharmacy Resident, Duty Hour Exceptions

References: Pharmacy Specific Duty Hours Requirements for the ASHP Accreditation Standards for Pharmacy Residencies, approved 4/13/2012 (ASHP Board of Directors), <https://www.ashp.org/-/media/assets/professional-development/residencies/docs/duty-hour-requirements.ashx> accessed 11/27/2018.

Replaces:

Approval: Pharmacy VP

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