giving health 2020 annual report





dear friends,

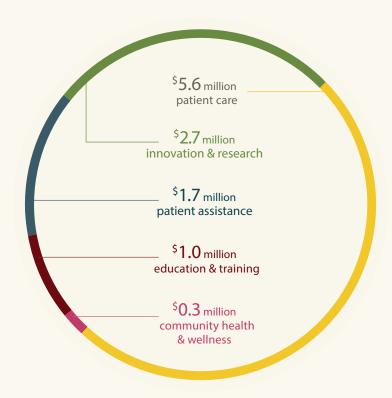
It seems like an understatement to say we are living in challenging times, but I am confident we will get through this, and it will make us even stronger, if not wiser.

In our current environment, with its many uncertainties and physical distancing, we have the unique opportunity to pause and find joy in the moment. Now, more than ever, I continue to be grateful and inspired by the support we have received from donors like you.

Together, we are doing amazing work and making a significant impact on the health of our communities.

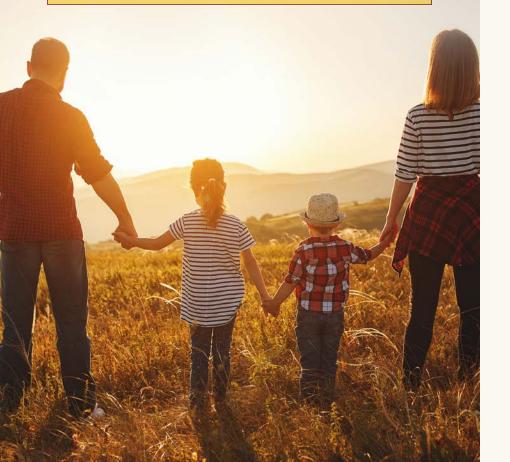
Maureen A. Bradley, MBA
Senior Vice President
Development and Community
Engagement Officer

areas your gifts supported



\$11.3 million total distributed from donations and investment income

A family with a burn-injured child were struggling greatly and needed help. Thanks to our donors, the entire family traveled to Family Camp in Estes Park, Colorado and met other families struggling with similar issues, which has provided lasting connections and support.



patient care

Funded virtual visit pilot program allowing patients improved access to their providers for preventative health services.

Served approximately 700 cardiac patients by purchasing three LUCAS CPR devices that administer ongoing chest compressions and external defibrillation during cardiac arrest. Sponsored children, teens, young adults and family members to attend burn survivor camps, retreats, and workshops.













Provided 4,000 patients healing therapies, including art, horticulture, music, yoga and creative writing. teaching kitchen to enhance nutrition education for 500 cardiac patients by demonstrating healthy food preparation techniques.

Developed a

Purchased new exam tables allowing 7,000 patients with limited mobility to more easily, and safely, receive care.

patient assistance

Provided families food assistance when arriving at Randall Children's Hospital for an unexpected lengthy stay.

Provided more than 6,000 patients with prescription medications. Purchased vital tools for 300 heart failure patients to help recognize early signs and symptoms of heart failure, allowing them to communicate with their provider and improve outcomes.

Helped more than 2,000 patients with basic living needs, such as rent, utility bills, bus tickets, gas cards, and meal youchers.

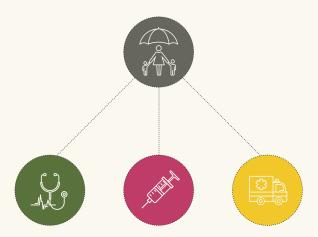
Provided nutrition counseling and supplements to cancer patients.

Purchased items to support home care for burn patients after discharge. A 29-week-old baby in our Neonatal Intensive Care Unit (NICU) was born to a family who recently returned to the Pacific Northwest after dad completed his military service. In addition to caring for their toddler, both parents were attending school and working full time before the birth of their new baby. Pregnancy complications led to a six-week hospitalization where mom was unable to work. After baby was born, both parents immediately returned to work; however, they were unable to make enough funds for rent. Generous donations to our patient care assistance fund helped this hardworking family with their rent so they could focus on caring for their toddler and newborn.



community benefit

As a nonprofit health care organization, Community Benefit is integral to Legacy's mission. Each year, Legacy invests a significant amount of goods, services and funds to benefit the health of the community we serve, particularly health services for the low-income and uninsured. In FY20, Legacy provided over \$482 million in community benefit.



\$482 million

provided in community benefit through goods, services and funds

Providing health care to people who cannot pay

- No health insurance
- Low income
- Not enough insurance
- No other financial resources



Over 90 flu
vaccination clinics
were held in FY20,
providing more than
4,500 flu shots at no
cost to members of
the community.



Promoting health, medical education and injury prevention

- Injury prevention programs
- Free vaccination clinics for community
- Education for health professionals

Legacy Health conducts a community health needs assessment (CHNA) every three years. The CHNA identifies issues impacting health within our community including chronic conditions, economic stability, and others. To address these issues, a Community Health Improvement Plan (CHIP) is developed.

Legacy Community Health Grants help implement our community health improvement plan to support programs and activities that address identified community health needs in Oregon and Southwest Washington.

Community health grants helped strengthen organizational capacity and support programs and initiatives that address:

- Access to Care
- · Behavioral Health
- · Social Determinants of Health

Collaborating to improve community health

- Collaborations and partnerships
- Cash donations
- Community Health Grants
- Community Benefit provided over \$600,000 to Project Access Now, the safety net partnership to provide support for those in greatest need of healthcare in our area.







education and training

Facilitated Collaborative Problem Solving (CPS) education group for 400 Unity Center for Behavioral Health adolescent patients, and families, teaching them to work together to problem solve and manage frustration under stress.

Supported continuing education for Oregon Burn Center staff in order to provide the highest level of specialized burn and wound care possible to all patients.

Expanded Legacy's simulation education and training program, giving 3,500 healthcare personnel a safe learning environment to enhance their ability to deliver the highest quality care.

Supported training for 100 rehabilitation therapists to better aid patients in their recovery.

Distributed 800 resource guides to geriatric patients and their families providing tools to meet the ongoing needs of seniors and their caregivers.

> Awarded scholarships for more than 100 Legacy Health employees to advance their skills and education.



innovation and research

Supported a treatment to limit the risk of neurological disease in type 2 diabetes patients.

Supported a preliminary investigation to gather baseline data and monitor the effects of music therapy on individuals with locked-in syndrome.

Conducted a study to prevent the progression of epilepsy in newly diagnosed patients.

> Continued Legacy Devers Eye Institute studies to enhance clinicians' ability to predict, assess and treat glaucoma.



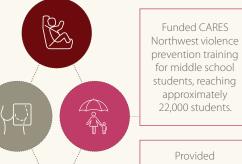


community health and wellness

Provided training and instructor development for child safety seat fitting stations.

Coordinated outreach events focusing on women's cancer screenings to raise awareness on preventative screenings available to promote early detection.

Facilitated Stop the Bleed training to 1,000 high school teachers/ staff to provide knowledge and basic hemorrhage control techniques to improve survival chances for injured students.



Provided community and school-based classes on burn injury prevention.

Continued
partnership with
Housing is Health
and Portland
Street Medicine to
provide housing
and medical
support to those
in need.

Supported healthy cooking classes for low-income adults with chronic health conditions.



Our legacy is good health for:
Our people
Our patients
Our communities
Our world
Above all, we will do the right thing.

