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Oregon Burn Center



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PUT A LID ON GREASE FIRES!



Oregon Burn Center



*The only one in Oregon.
Only at Emanuel.*

PUT A LID ON GREASE FIRES!

Cooking oil is hot—much hotter than water—and can catch fire without warning. Be ready! Always have a pan lid near when you cook with oil or greasy foods like bacon.

If a fire starts in a pan, don't pick it up and carry it out of the house. Grease can splash out and burn you or small children and pets who might be under-foot. The best solution is to have a pan lid ready, and carefully put it right over the fire and turn the burner off.

Here's what you need to remember:

- If a fire starts in a pan, **don't** panic!
- Put the pan lid onto the fire.
- Turn the burner off.
- Carefully take the pan off the heat.
- Let it cool completely before taking off the lid.
- **Never pick up the pan and move it!**
- **Never use water to put the fire out!**
- **Never leave a pan** of oil or greasy foods alone. It takes just moments for a fire to erupt.

Baking soda also puts out grease fires. Keep a box handy to sprinkle onto a fire. Fire extinguishers in the kitchen also are a good idea.

Remember, you have the solution to putting out a grease fire right in your own hands—the **pan lid**. It cuts the supply of oxygen that feeds the flames and puts the fire out. Whenever you're cooking with grease, keep the pan lid on the counter next to you where it will be handy, and...

If you are burned

- Stop, drop and roll slowly to put out fire on your clothes.
- Cool the burn with cool water, never ice. Cool water lowers the skin temperature, stops the burning, helps numb the pain and reduces swelling.
- Take off hot, greasy clothing quickly.
- Cover the burn. After cooling the burn with water, cover it with a clean dry dressing, like a cloth or bandage.
- Don't use ointments, sprays, butter, or toothpaste—only cool water.
- Get medical help. Don't underestimate how serious a burn can be!

If you have any questions please call the Oregon Burn Center (503) 413-4232 or Toll free 1-888-598-4232.

