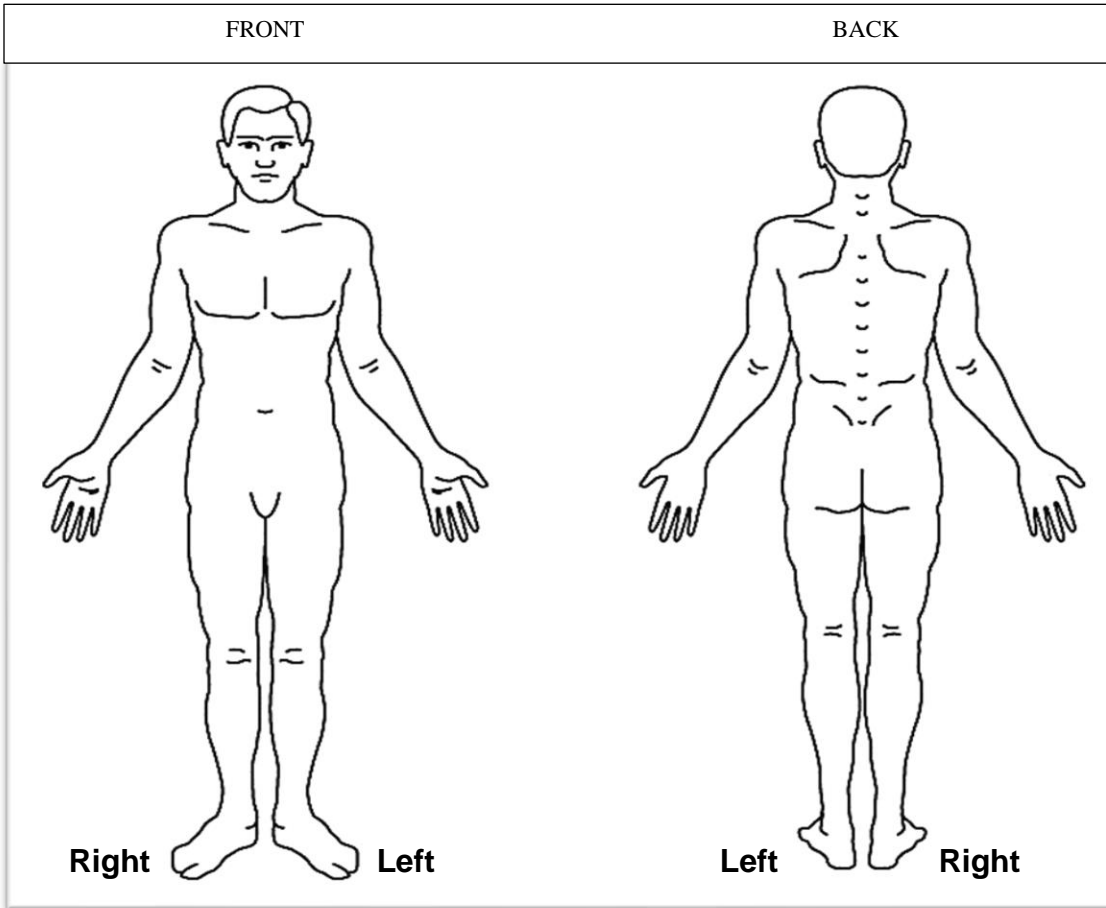




Please complete this form prior to your visit to allow us to make the best use of our time together.

**Please mark where the pain is at on the diagram below**



**Is the pain?**

- Aching
- Burning
- Constant
- Pulsing
- Shooting
- Sharp
- Stabbing

**Pain History**

1. What is the diagnosis of your pain? (If known) \_\_\_\_\_
2. When did your pain problems begin? (Date of injury or age at the time) \_\_\_\_\_
3. How did the pain begin? \_\_\_\_\_
4. Do you have any numbness? **YES NO** If yes, where? \_\_\_\_\_
5. Do you have any weakness? **YES NO** If yes, where? \_\_\_\_\_
6. What makes the pain worse? \_\_\_\_\_
7. What makes the pain better? \_\_\_\_\_

**PEG: A Three-Item Scale Assessing Pain Intensity and Interference**

1. What number best describes your pain on average in the past week?  
 0 1 2 3 4 5 6 7 8 9 10  
 No pain Pain as bad as you can imagine
2. What number best describes how, during the past week, pain has interfered with your enjoyment of life?  
 0 1 2 3 4 5 6 7 8 9 10  
 No pain Pain as bad as you can imagine
3. What number best describes how, during the past week, pain has interfered with your general activity  
 0 1 2 3 4 5 6 7 8 9 10  
 No pain Pain as bad as you can imagine

# Review of Systems

Check any of the following symptoms you have experienced in the **LAST MONTH**

<p><b><u>Constitutional</u></b></p> <input type="checkbox"/> Chills <input type="checkbox"/> Excessive Fatigue <input type="checkbox"/> Fever <input type="checkbox"/> Increased Sweating <input type="checkbox"/> Unexpected Weight Changes	<p><b><u>Cardiac</u></b></p> <input type="checkbox"/> Anti-Coagulation Therapy <input type="checkbox"/> Chest Pain <input type="checkbox"/> Leg Swelling <input type="checkbox"/> Palpitations	<p><b><u>Musculoskeletal</u></b></p> <input type="checkbox"/> Back Pain <input type="checkbox"/> Joint Swelling <input type="checkbox"/> Joint Pain <input type="checkbox"/> Muscle Pain <input type="checkbox"/> Neck Pain <input type="checkbox"/> Neck Stiffness	<p><b><u>Neurological</u></b></p> <input type="checkbox"/> Dizziness <input type="checkbox"/> Seizures <input type="checkbox"/> Headaches/Migraines <input type="checkbox"/> Tremors <input type="checkbox"/> Numbness(Where) _____ <input type="checkbox"/> Weakness(Where) _____
<p><b><u>Eyes/Ears/Mouth</u></b></p> <input type="checkbox"/> Light Sensitivity <input type="checkbox"/> Vision Changes <input type="checkbox"/> Ringing in Ears <input type="checkbox"/> Dental Problems	<p><b><u>Gastrointestinal</u></b></p> <input type="checkbox"/> Constipation <input type="checkbox"/> Diarrhea <input type="checkbox"/> Nausea <input type="checkbox"/> Vomiting	<p><b><u>Skin</u></b></p> <input type="checkbox"/> Rash <input type="checkbox"/> Skin Changes <input type="checkbox"/> Wound <input type="checkbox"/> Bruises/Bleeding Easily	<p><b><u>Mood</u></b></p> <input type="checkbox"/> Depression <input type="checkbox"/> Anxiety <input type="checkbox"/> Decreased Concentration <input type="checkbox"/> Sleep Difficulty <input type="checkbox"/> Hallucinations <input type="checkbox"/> Considered suicide
<p><b><u>Respiratory</u></b></p> <input type="checkbox"/> Cough <input type="checkbox"/> Shortness of breath <input type="checkbox"/> Wheezing	<p><b><u>Genitourinary</u></b></p> <input type="checkbox"/> Incontinence <input type="checkbox"/> Urinary Urgency <input type="checkbox"/> Frequency		

## Psychological & Social History

Over the past 2 WEEKS, how often have you been bothered by these problems?

*Little interest or pleasure in doing things*

*Feeling down, depressed or hopeless*

Not at all	Several days	More than half the days	Nearly every day
0	1	2	3
0	1	2	3

1. Have you ever been diagnosed with:

Anxiety  Depression  PTSD  Bipolar  Personality Disorder

2. Are you under the care of a mental health provider? **YES NO** (provider name) \_\_\_\_\_

<p>Marital status:</p> <input type="checkbox"/> Married <input type="checkbox"/> Divorced <input type="checkbox"/> Widowed <input type="checkbox"/> Live with spouse/Partner <input type="checkbox"/> Never married	<p>Do you currently use tobacco? <b>YES NO</b>                  If yes, how many packs per day? _____                  If you have smoked in the past when did you quit? _____</p> <p>Do you use smokeless tobacco? <b>YES NO</b></p> <p>Past drug use? <b>YES NO</b>                  If no, when did you stop? _____</p> <p>Currently using any drugs? <b>YES NO</b>                  Which drug(s)? (Circle those that apply)</p> <p style="text-align: center;">                     Marijuana      Cocaine      Ecstasy      LSD                      PCP                  Heroin          Methamphetamine                 </p>
<p>Do you live with others? <b>YES NO</b></p> <p>Are you currently employed? <b>YES NO</b>                  If yes, how many hours weekly _____                  If not, when did you last work _____</p> <p>Currently on disability? <b>YES NO</b>                  Or a disability/legal claim? <b>YES NO</b></p> <p>Do you drink alcohol? <b>YES NO</b>                  If yes, how much on average? _____</p>	

## Medication Information

**What medications do you *CURRENTLY* use for the PAIN? (more room on back of page)**

Medication Name	Dose (MG or MCG)	When/how much do you take

Check here if <b>YES</b>	Have you used this medication?	Reason for stopping
	Hydrocodone (Vicodin, Norco)	
	Oxycodone (Percocet, Oxycontin)	
	Methadone	
	Hydromorphone (Dilaudid)	
	Tramadol (Ultram)	
	Codeine (Tylenol #3)	
	Fentanyl patch (Duragesic)	
	Morphine (MS Contin)	
	Levorphanol	
	Oxymorphone (Opana)	
	Baclofen	
	Cyclobenzaprine (Flexeril)	
	Methocarbamol (Robaxin)	
	Tizanidine (Zanaflex)	
	Metaxalone (Skelaxin)	
	Carisoprodol (Soma)	
	Gabapentin (Neurontin)	
	Pregabalin (Lyrica)	
	Duloxetine (Cymbalta)	
	Venlafaxine (Effexor)	
	Amitriptyline(Elavil), nortriptyline, desipramine	
	Buprenorphine (Subutex, Belbuca, Butrans)	
	Buprenorphine/naloxone (Suboxone)	
	Nucynta (tapentadol)	
	Naltrexone- low dose	
	Anti-inflammatory	

## Current/Previous Treatments

Treatment Type	Currently or When	Was it helpful? Yes/ No
Physical Therapy		
Counseling		
Injections		
Acupuncture, massage, chiropractor		
Other		

## Family History

Adopted  Yes  No

If yes or you do **not** know your family history skip this section.

	Mom	Dad	Sister	Brother	Grandparents
<b>No Significant History Known</b>					
Alcoholism					
Anxiety					
Arthritis					
Autoimmune Disease					
Cancer					
Chronic Pain					
Depression					
Diabetes					
Drug Abuse					
Migraine					