



**Teresia M. Hazen, MEd, HTR, QMHP** joined Legacy Health in Portland, Oregon in 1991. This is a not-for-profit integrated healthcare network including six hospitals and related services [www.legacyhealth.org](http://www.legacyhealth.org). Legacy's gardens provide healing environments of care for patients, families, visitors, employees and neighbors. Each site garden is a part of a clinical cost center in patient care services.

Teresia is responsible for the 1991 pioneering of horticultural therapy (HT) programming and therapeutic gardens for Legacy's long-term care and skilled nursing patients. She coordinated the therapeutic garden program in twelve hospital gardens [www.legacyhealth.org/gardens](http://www.legacyhealth.org/gardens) and HT services at the Rehabilitation Institute of Oregon and Randall Children's Hospital through August 2020. Legacy Good Samaritan Medical Center Stenzel Healing Garden was recognized with the American Horticultural Therapy Association (AHTA) Therapeutic Garden Award in 1998. The Children's Garden at Emanuel received the same honor in 2000 and the Oregon Burn Center Garden in 2006 [www.ahata.org](http://www.ahata.org). She continues in a consultant role with the Legacy Therapeutic Garden program.

In addition to being a registered horticultural therapist (HTR), Ms. Hazen holds a Master of Education degree (MEd), a K – 12 Administrative Credential, and is a Qualified Mental Health Professional (QMHP). Pediatrics, gerontology, psychology, education, addictions counseling, special education, horticulture, and curriculum design are the foci of her training specialties.

Teresia calls upon her extensive, broad-based background to facilitate interdisciplinary garden design teams and to develop therapeutic garden programs in healthcare settings. She consults on aspects of design, fund development, marketing, public relations, employee engagement, and volunteer services to sustain therapeutic garden programs. Health and nearby nature collaborative work <http://theintertwine.org/blog/nature-hospitals> at the regional, state and national level is a priority for her efforts at this time---promoting health and well-being for all community members.

Teresia served on the American Horticultural Therapy Association Board of Directors from 1995 – 1999. In 2003, the Association recognized her leadership work with the Rhea McCandliss Professional Service Award. In 2007, the American Horticultural Society awarded Teresia their HT award for national leadership. In 2012, the Portland Garden Club recognized her with their "Outstanding Achievement Award." For ten years, she served as an instructor for the Chicago Botanic Garden Healthcare Garden Design Certificate program. For six years she taught for the University of Washington Certificate in Therapeutic/Healing Gardens program. Teresia authored chapters on the participatory design team process and garden design for horticultural therapy programs in the Wiley Press 2013 *Therapeutic Landscapes: An Evidence-Based Approach to Designing Healing Gardens and Restorative Outdoor Spaces*. She served as project manager for a \$560,000 grant [www.naturesacred.org](http://www.naturesacred.org) for the Legacy family birth and cardio-vascular ICU garden including conducting three research studies regarding birthing moms, families and employee use of the garden [www.legacyhealth.org/gardenresearch](http://www.legacyhealth.org/gardenresearch).

The Center for Health Design (<https://www.healthdesign.org/certification-outreach/awards-recognition/evidence-based-design-touchstone-awards-presented-center-3>) awarded Legacy the first ever Touchstone award for their evidence-based design, programming and research in healthcare gardens. Legacy was the first agency to receive the Platinum level award [https://www.youtube.com/watch?v=gEaLQ\\_7gQH0&feature=youtu.be](https://www.youtube.com/watch?v=gEaLQ_7gQH0&feature=youtu.be).

Teresia continues teaching, lecturing, and consulting regarding gardens in health care, horticultural therapy for a wide variety of populations, benefits of gardening, health benefits of nearby nature, therapeutic garden design, participatory design process, and gardens in senior living communities, among other topics, in the US, Japan, Korea, China, Sweden, Finland, Canada, France and Britain.

Training:

1971 University of Washington—Seattle campus---Bachelor's degree dual major, Education and Geography

1977 Central Washington University School Administration Credential

1981 University of Portland Master's degree special education

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