

## Taking other medications while on warfarin

It is important to understand the risks of taking warfarin with other medications. Other medications may include prescriptions, over-the-counter medications, vitamins, and herbal supplements.

Always call your anticoagulation clinic if you are starting other medications.

### How can other medications affect you when taking warfarin?

- Your INR can become too high or too low.
- Warfarin may not work as well to prevent blood clots.
- You have an increased risk of bleeding, especially if the other medication is a blood thinner.

### What are examples of medications that put me at more risk?

#### Prescription medications

- Antibiotics
- Amiodarone
- Anti-inflammatory medications, such as prednisone
- Anti-seizure medications
- Cholesterol-lowering medications, such as statins
- Medications for depression

#### Over-the-counter medications

- Pain medications, such as aspirin, ibuprofen (Advil® or Motrin®), naproxen (Aleve®), Alka-seltzer®
- Diarrhea medications, such as Pepto-Bismol®
- Heartburn and stomach ulcer medications

#### Vitamins, herbals, and diet supplements

- Multivitamin
- Nutrition drinks with Vitamin K, such as Ensure® and Boost®
- Vitamin E, fish oil capsules, and flaxseed
- Glucosamine-chondroitin
- Coenzyme Q10
- Alfalfa
- Ginseng
- St. John's Wort