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**Legacy Medical Group –
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Instructions for patients who are scheduled for an elective injection procedure:

Date of Injection _____

Arrival Time _____

Injection Time _____

Check in at Meridian Park Hospital at 19300 SW 65th Ave. Tualatin, OR 97062. Please note that free valet parking is available for patients at the main entrance of the hospital.

You will need a driver to take you home after the procedure. We will ask you to stay for an additional 30-60 minutes following the injection procedure for monitoring.

Eating Restrictions:

- ___ No restrictions regarding eating or drinking prior to injection (if no sedation or oral sedation)
- ___ No solids 6 hours prior and no liquids 2 hours prior to injection (for IV sedation)

If you think you will need IV sedation for this injection, you must tell the referral coordinator at least **one day before** your scheduled injection. Patients scheduled for medial branch blocks will not be able to have conscious sedation.

Please stop taking any non-steroidal anti-inflammatory medication at least 5 days before the injection. This includes ibuprofen, Motrin, Advil, naproxen (Celebrex or Meloxicam) or Aleve.

Contact our office immediately at (503-413-6294) option 3 if you are currently taking Aspirin, Coumadin, Warfarin, Plavix, Eliquis, Aggrenox, Xarelto Pradaxa OR have an allergy to iodine/contrast solution.