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**Legacy Medical Group –  
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Instructions for patients who are scheduled for an elective injection procedure:

Date of Injection \_\_\_\_\_

Arrival Time \_\_\_\_\_

Injection Time \_\_\_\_\_

Check in at Good Samaritan Hospital at 1015 NW 22<sup>nd</sup> Ave Portland OR 97210. Please note that free valet parking is available for patients at the main entrance of the hospital.

You will need a driver to take you home after the procedure. We will ask you to stay for an additional 30-60 minutes following the injection procedure for monitoring.

Eating Restrictions:

- \_\_\_ No restrictions regarding eating or drinking prior to injection (if no sedation or oral sedation)
- \_\_\_ No solids 6 hours prior and no liquids 2 hours prior to injection (for IV sedation)

If you think you will need IV sedation for this injection, you must tell the referral coordinator at least **one day before** your scheduled injection. Patients scheduled for medial branch blocks will not be able to have conscious sedation.

Please stop taking any non-steroidal anti-inflammatory medication at least 5 days before the injection. This includes ibuprofen, Motrin, Advil, naproxen (Celebrex or Meloxicam) or Aleve.

Contact our office immediately at (503-413-6294) option 3 if you are currently taking Aspirin, Coumadin, Warfarin, Plavix, Eliquis, Aggrenox, Xarelto Pradaxa OR have an allergy to iodine/contrast solution.