# Legacy Health

# Instructions for employers

### **BHS OSHA Respiratory Medical Evaluation Questionnaire**

Employers, please use our Business Health Services (BHS) forms, <u>not</u> the forms from the OSHA website, when helping to prepare your employees for a respirator fit test.

Our BHS forms give our health providers important additional information so they can decide if a respirator is appropriate for the applicants.

Page 1 is for the employer to list critical information about the respirator use. We have made a pdf fillable form of just this first page for the employer's convenience in filling out. This is also the page where the Provider Determination will ultimately be reported and a copy returned to the Employer upon completion.

Please always instruct your employee(s) to fill out their portion of the form completely (top of page 1 and then pages 2-6). It must include a complete name, date of birth, a valid personal phone number and your company name.

The medical portion (pages 2-6) filled out by your employee is confidential, which means you must give your employee an envelope labelled with their name. Instruct them to place the finished form in the envelope, seal it and return it to you. You may then forward it on to BHS.

The completed form is a necessary first step for the respirator fit test, and must be received and reviewed by BHS providers prior to your employee's appointment. The document review fee will be charged upon receipt of the form.

Our health providers use the form to determine whether an individual can safely wear a respirator. If the answer is "yes," the next step is a respirator fit test. If, however, the provider has questions or concerns, the employee may be asked to make an appointment for a follow-up medical evaluation which may include medical tests or diagnostic procedures per the OSHA Respiratory Protection Standard.

Forms are available on our webiste at legacyhealth.org/bhs under Forms and Resources. You may also stop by the BHS office or call 971-983-5340 to request a copy of the forms in either English, Spanish or both. Please make copies for future use.



## Employer Form (page 1)

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#### Employee Medical Questions (page 2-6)

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#### **Respirator Fit Test**

Instruct employees to be clean-shaven the day of the respirator fit test, and to bring their mask with them. If their mask operates with a filter, the filter must also be made available to the BHS health provider at the time of the test. It is also advisable for the employee to refrain from coffee, tea and smoking prior to their appointment.



#### **Urine Drug Screen**

Donors are required to bring photo I.D. and to refrain from drinking fluids during the two hours prior to the test. Scans, faxes, photos, or copies of I.D. are NOT accepted.



#### Audiometry (hearing test)

It is important to avoid loud noise exposure for at least 14 hours prior to a baseline or annual hearing test.

If an employee tends to have ear wax build-up and our examiner is unable to visualize the eardrum, the ears must be cleaned professionally. We can perform the cleaning at the time of the appointment for a fee. The company can stipulate whether the employee will pay the ear cleaning fee or if the company will be billed.

If, at the time of the hearing test, the examiner is unable to visualize the eardrum and the ears are cleaned, the audiometric test will not be performed. The test must be rescheduled, usually within 24 hours after ear wax removal. If there is ear congestion due to allergies or sinus or cold symptoms, the health providers at Business Health Services will determine the best timeframe for the hearing test.