

AMB Order Panel: Headache imaging and treatment

Order Panel:	Headache		
Date approved:		Last Review:	5/19/22
Reviewers:	Nick Kashey/LHP	Next Review:	
References:	Headache Imaging and Treatment - FINAL.pdf (lhs.org)		
OSQ codes:	OSQ 520631 520633, 520636, 520637, 520638, 520639, 520640, 520641, 520643 , 520703,520711		

Content:

- [Headache Imaging and Treatment - FINAL.pdf \(lhs.org\)](#)

Orders:

- Imaging:
 - CT Head w/o contrast
 - MRI w+w/o contrast
- Medications
 - Abortive:
 - Ibuprofen 600 mg QID PRN # 20 (? What's a good dispense #, 5 day supply?)
 - Naproxyn 500mg TID PRN # 15
 - Diclofenac 75mg BID PRN #10
 - Acetaminonphen 1000mg Q6 PRN # 20
 - Sumatriptan 25mg, 1 tab PRN HA, may repeat X1 in 1 hour #10 (?)
 - Dihydroergotamine nasal spray 0.5mg nasal X2 PRN # 1 bottle
 - Preventive: In order of preference (1= best evidence 2= moderate evidence 3= weak evidence)
 - 1- Propranolol XR: start 60mg/day, increase every 2-4 weeks to max 240/day. SE: hypotension, bradycardia, syncope, impotence, depression.
 - 2- Topiramate: start 25mg/day, increase by 25mg every 2-4 weeks to max 200mg/day. SE: wt. loss, paresthesia, nephrolithiasis, cognitive slowing, metabolic acidosis, hyperthermia/oligohydrosis. Can decrease efficacy of oral OCPs (dose related, mostly when >200mg/day).
 - 2- Amitriptyline/Nortriptyline: start 10-25mg QHS, increase in similar increments every 2-4 weeks to max of 100mg HS. SE: drowsiness, dry mouth, mood change, constipation, urinary retention, cardiac arrhythmias, blurred vision.
 - 3- Gabapentin: Start 100mg TID, titrate up to 3600mg/day. SE: dizziness, somnolence, ataxia, fatigue, peripheral edema.
 - 3- Timolol: start 10mg/day, increase to 60mg/day div BID. Similar SE to Propranolol.
 - 3- Verapamil XR: start 100mg/day, increase to max 240mg/day. SE: hypotension, heart block, bradycardia, constipation/ileus.
 - 3- Valproate/Divalproex ER: start 250mg/day, increase to 1000mg/day. SE: mood change, wt. gain, tremor, blood dyscrasias, hepatic dysfunction. PREGNANCY CATEGORY X- AVOID IN WOMEN