

Legacy Health Partners Clinical Collaboration Series

***Starving for a Solution: Managing the  
Chronic Disease of Obesity with Modern Medicine***

Wednesday, June 5, 2024, 5:30–7:30 p.m.

Legacy Health System Office Cafeteria  
1919 NW Lovejoy St., Portland

Enjoy dinner catered by Elephants Deli and a hosted bar with beer, wine, and non-alcoholic beverages.

Obesity is a common and costly chronic disease that increases the risk of other diseases and health problems. With the popularity of weight loss drugs that promise quick results giving millions of people hope for a solution to their weight loss struggles, the treatment options for weight management have become increasingly complex. Hear the latest on anti-obesity medications (including GLP-1 and GIP agonists) for adults and adolescents as well as other traditional treatments to support informed conversations with your patients.



**Target audience:** LHP primary care providers including pediatricians, women's health and diabetes and nutrition providers, pharmacists, endocrinologists, and others interested in this topic.

**Learning objectives:**

- Define obesity, BMI, waist circumference, and metabolic disease.
- Recognize the physiological mechanisms contributing to obesity.
- Identify the health consequences (adiposity-based chronic disease) associated with obesity.
- Evaluate evidence-based pharmacotherapy for adiposity-based chronic disease, including GLP-1/GIP agonists.
- Review treatment modalities for obesity, including bariatric surgery and endoscopic procedures, and their expected outcomes and costs.

**Presenters:**

- Kenna Wood, DO, Diplomate of the American Board of Obesity Medicine, Medical Director, Legacy Medical Group (LMG)–Northwest
- Jessica Potter, PharmD, BCACP, Clinical Pharmacist, Legacy Medical Group LMG–Westside Internal Medicine
- Valerie Halpin, MD, Senior Medical Director LMG Specialties, Legacy Weight and Diabetes Institute

**Schedule:**

- Dinner and networking (5:30–6 p.m.)
- Welcome and presentations (6–7:05 p.m.) – *Join at 6 p.m. if attending virtually.*
- Q&A and wrap up (7:05–7:30 p.m.)

**Virtual option:** Zoom option available. In-person attendance recommended.

**Cost:** Free with dinner and drinks provided.

**To register:** Use the QR Code or register at this [link](#) by 5/31/24.

**Have questions or need assistance?** Email [LegacyHealthPartners@lhs.org](mailto:LegacyHealthPartners@lhs.org)



**CME:** Legacy Health is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians. Legacy Health designates this live activity for a maximum of 1.5 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

**MOC:** Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to:

- 1.5 MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program.
- 1.5 MOC points in the American Board of Pediatrics' (ABP) Maintenance of Certification (MOC) program.

It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM or ABP MOC credit.



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