Deepen your expertise

Traveling Continuing Medical Education



Legacy
Continuing Medical Education



Specialties, courses and learning objectives

Legacy Continuing Medical Education offerings cover a range of topics to help keep you up-to-date on the latest research, practice guidelines and technology to better serve your patients. We bring the speaker and topic of choice to your clinic.

Registration

To register for these courses or to ask about other educational topics, please contact your physician liaison. See back of this brochure for contact information.

Accreditation statement

Legacy Health is accredited by the Oregon Medical Association to provide continuing medical education for physicians.

Legacy Health designates this live activity for a maximum of 1.0 AMA PRA Category 1 Credit(s).™ Physicians should only claim credit commensurate with the extent of their participation in the activity.

Cardiology

Atrial fibrillation

- Identify patient risk for thromboembolic complications in atrial fibrillation
- Recognize patients who should receive thromboembolic prophylaxis according to evidence-based clinical guidelines
- Identify the possibility of atrial fibrillation or structural abnormalities, which could contribute to recurrence of cryptogenic stroke
- Determine patients for whom a rhythm control may be warranted
- Summarize clear guidelines for rate control in persistent atrial fibrillation



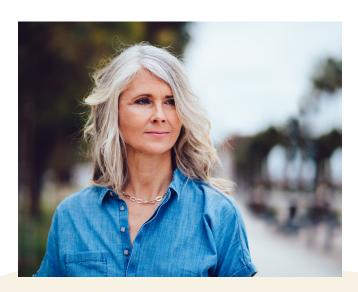
Geriatric Care

Discussion of Feeding Tube in People with Advanced Dementia

- Identify the recommendations that exist with regards to placement of feeding tubes for dysphagia in patients with advanced dementia
- Describe the data that guides these recommendations
- Apply this knowledge to ongoing family discussions for this patient population

Safe Prescribing in the Older Adult

- Describe physiological changes with aging and how this impacts how medications act
- Identify potentially inappropriate medications in older adults including Beer's list medications
- Discuss anticholinergic medications and how these can cause multisystem side effects
- Describe how CNS active medications like benzodiazepines can cause cognitive effects including delirium
- Apply prescribing principles to clinical practice and in turn improve patient safety and outcomes



Neurology

Epilepsy

- Identify psychosocial co-morbidities of epilepsy
- Discuss with patient the importance of seizure management
- Counsel patient on treatment options
- Review common medication interactions
- Select appropriate cases for early referral to neurology for confirmation of diagnosis, especially pseudo-seizures

Oncology

Cancer survivorship

- Describe impact of endocrine therapy on sexual function/ intimacy and vaginal health and options for returning to intimacy
- Summarize
 management
 options for other
 side effects
 of endocrine
 therapy



• Discuss symptom management for residual treatment for cancer symptoms

High-risk breast cancer

- Recognize the implications on risk of dense breast tissue
- Explain additional screening options for these patients with dense breast tissue

- Discuss risk of breast cancer for women under the age of 50 and implications for screening recommendations
- Determine appropriate screening for patients at higher risk of breast cancer due to genetic risk
- Discuss genetic risk assessment for cancers, other than breast and ovarian, in the family that should alert to a possibility of genetic mutation

Cancer Genetics

- Review risk of cancers related to various germline mutations
- Identify which patients should have genetic counseling and/or testing.
- Determine which genetic test is recommended based on family history
- Implement appropriate surveillance for patients with positive genetic screening results

Orthopedics

Joint health

- Identify urgent orthopedic issues
- Review appropriate workup
- Counsel patient on treatment options
- Explain when and how to refer to appropriate specialists



Pediatrics

Genetics overview

- Identify appropriate cases for pediatric genetic evaluation referral
- Discuss referral with families and what to expect at the visit

Gender diversity training

- Discuss the basics of gender identity and the diagnosis of gender dysphoria
- Provide information on support and referral resources for families

Iron deficiency anemia

Learning objectives:

- Describe iron homeostasis and role of hepcidin, the iron regulatory hormone
- Confidently prescribe oral iron every other day for patients with iron deficiency anemia
- Refer early for IV iron when patient is not tolerating PO preparations

Obesity and weight management

- Demonstrate applicable evaluation of childhood obesity comorbidities
- Identify appropriate cases for pediatric sub-specialty referrals

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